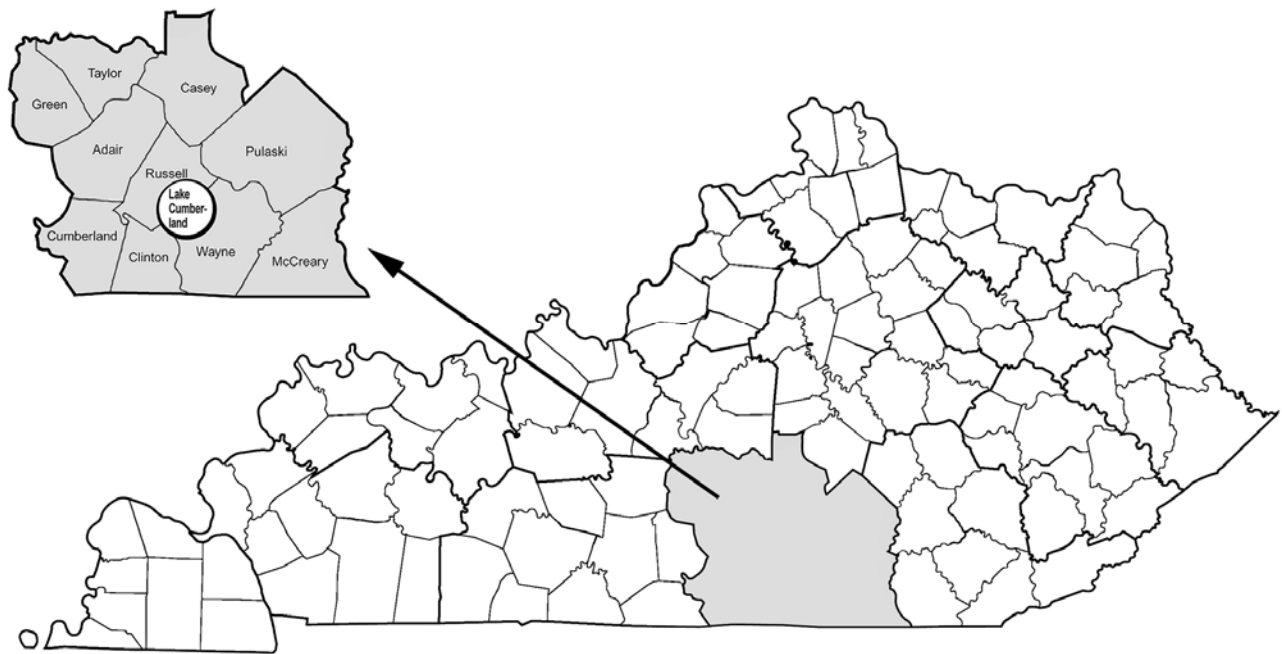


# PATHFINDER

A Guide to Local Cancer Services and Resources

## Lake Cumberland District

Adair, Casey, Clinton, Cumberland,  
Green, McCreary, Pulaski, Russell,  
Taylor and Wayne Counties



Developed by the Kentucky Cancer Program  
Revised July 2008



**KENTUCKY CANCER PROGRAM**

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**HOSPITALS & TREATMENT CENTERS**

- Adair County/Columbia  
 Westlake Cumberland Hospital... 270-384-4753
- Casey County/Liberty  
 Casey County Hospital ..... 606-787-6275
- Clinton County/Albany  
 Clinton County Hospital ..... 606-387-6421
- Cumberland County/Burkesville  
 Cumberland County Hospital .... 270-864-2511
- Green County/Greensburg  
 Jane Todd Crawford Hospital .... 270-932-4211
- Pulaski County/Somerset  
 LC Regional Hospital ..... 606-679-7441  
 LC Surgery Limited ..... 606-678-9688  
 LC Cancer Treatment Center..... 606-451-3755  
 Healthsouth Surgery Center. .... 606-679-9322
- Russell County/Russell Springs  
 Russell County Hospital ..... 270-866-4141
- Taylor County/Campbellsville  
 Taylor County Hospital ..... 270-465-3561
- Wayne County /Monticello  
 Wayne County Hospital..... 606-348-9343

**CLINICS**

- Pulaski County/Somerset  
 VA Clinic..... 606-676-0786

**HEALTH DEPARTMENTS**

- Adair County/Columbia  
 Adair County Center .....270-384-2286
- Casey County/Albany  
 Casey County Center .....606-787-6911
- Cumberland County/Burkesville  
 Cumberland County Center .....270-864-2206
- Green County/Greensburg  
 Green County Center.....270-932-4341
- McCreary County/Whitley City  
 McCreary County Center .....606-376-2412
- Pulaski County/Somerset  
 LC District Health Dept. ....606-678-4761  
 Pulaski County Center .....606-679-4416
- Russell County/Jamestown  
 Russell County Center .....270-343-2181
- Taylor County/Campbellsville  
 Taylor County Center.....270-465-4191
- Wayne County/Monticello  
 Wayne County Center .....606-348-9349

**HOME HEALTH AGENCIES**

- Adair County/Columbia  
 Family Home Health .....270-384-6411  
 Intrepid USA Healthcare .....270-384-6413  
 Personal Touch Home Care .....270-384-6800
- Casey County/Liberty  
 Family Home Health .....606-787-8066  
 Intrepid USA Healthcare .....606-787-9224  
 Lifeline Home Health Care.....800-765-4103  
 McDowell Home Health. ....859-236-8946  
 Personal Touch Home Care .....800-548-1153
- Clinton County/Albany  
 Family Home Health .....606-387-6661  
 Intrepid USA Healthcare .....606-387-6954  
 Lifeline Home Health Care.....606-387-8131
- Cumberland County/Burkesville  
 Columbia LC Home Health .....270-864-5616  
 Family Home Health .....270-864-4196  
 Intrepid USA Healthcare .....800-467-3047  
 Lifeline Home Health Care.....270-864-3348
- Green County/Greensburg  
 Family Home Health .....270-932-7791  
 Intrepid USA Healthcare .....800-376-3047  
 Lifeline Home Health Care.....270-932-7813
- McCreary County/Whitley City  
 Intrepid USA Healthcare .....606-787-9224  
 Lifeline Home Health Care.....800-765-4103
- Pulaski County/Somerset

Comfort Keepers ..... 606-676-9888  
 Family Home Health..... 606-679-8555  
 Intrepid USA Healthcare ..... 606-679-7437  
 Lifeline Home Health Care ..... 606-679-9245  
 Seton Home Health..... 800-241-2208

Russell County/Jamestown  
 Comfort Keepers ..... 866-676-9888  
 Intrepid USA Healthcare ..... 800-467-0347  
 Lifeline Home Health Care ..... 270-866-4100  
 Personal Touch Home Care..... 270-384-6800

Taylor County/Campbellsville  
 Family Home Health..... 270-465-4978  
 Intrepid USA Healthcare ..... 270-465-2927  
 Lifeline Home Health Care ..... 270-465-2266  
 Taylor County Home Service ..... 270-465-6341

Wayne County/Monticello  
 Alliance Home Care ..... 606-348-0730  
 Comfort Keepers ..... 866-676-9888  
 Intrepid USA Healthcare ..... 606-348-9355  
 Lifeline Home Health Care ..... 606-348-6000

**HOSPICE**

Hospice of Central Kentucky..... 270-737-6300  
 Main office located in Elizabethtown (*Serving Adair, Green and Taylor counties*)  
 Hospice of Lake Cumberland..... 800-937-9596  
 Main office located in Somerset...606-679-4389  
 (*Serving Casey, Clinton, Cumberland, McCreary, Pulaski, and Wayne counties*)

**PAIN MANAGEMENT**

Hospice programs (see above) are specialists in pain management and accept referrals for that reason alone. Also check local yellow pages for physicians specializing in pain management.

**COMMUNITY RESOURCES**

Community Based Services  
 (*Limited aid with food, clothing, transportation and/or prescription costs/medical needs.*)  
 Pathfinder Counseling Service  
 Monticello ..... 606-340-3283  
 CAP/St. Luke's Clinic  
 Somerset..... 606-678-0339  
 Community Outreach Lutheran Service  
 Somerset..... 606-678-4003  
 McCreary Christian Center  
 Whitley City ..... 606-376-8742  
 God's Food Pantry, Somerset..... 606-679-8560  
 Pulaski Emergency Relief Ministry Center

Somerset.....606-678-8153  
 St. Mildred Outreach Center  
 Somerset.....606-678-4617

**PATIENT ADVOCACY**

Patient Advocate Foundation .....800-532-5274  
 or <http://www.patientadvocate.org>  
 Offers assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening or debilitating diseases.

**FINANCIAL ASSISTANCE & ADVICE**

Social Security Administration  
 SSI/Disability toll free number.....800-772-1213  
 Campbellsville Office .....270-465-4164  
 (*serves Adair, Casey, Cumberland, Green, Russell and Taylor Counties*)  
 Corbin Office (*serves McCreary*)...606-528-3221  
 Somerset Office .....606-678-0825  
 (*serves Clinton, Pulaski and Wayne counties*)

Pharmaceutical & Medical Indigent Care Program

KY Physicians Care Programs .....800-633-8100  
 (*for those who cannot afford medical care*)  
 Needy Meds..... [www.needymeds.com](http://www.needymeds.com)  
 RxHope ..... [www.rxhope.com](http://www.rxhope.com)  
 Partnership for Prescription Assistance.....  
 ..... 888-477-2669 or [www.pparx.org](http://www.pparx.org)  
 Contact local hospital social workers for more information. Also, talk with your doctor about discounts offered by drug companies on some medications.

Medical Supplies & Equipment

Look in your Yellow Pages directory under *Medical Equipment and Supplies* for comfort items, breast forms, tracheotomy, urostomy, incontinence supplies, skin care items, and nutritional products.

Wigs & Post-Mastectomy Fashions

American Cancer Society ..... 800-ACS-2345  
 TLC-ACS Catalog .....800-850-9445

Loan Closet

American Cancer Society ..... 800-ACS-2345

Or local ACS Somerset office ..... 606-678-0203  
(free use of wigs and breast prostheses)

#### Emotional Health & Counseling

Adanta ..... 800-633-5599

#### Legal Services

Appalachian Research and Defense Fund

Somerset Office ..... 606-679-7313

Columbia Office ..... 270-384-4707

(serves Adair, Casey, Clinton, Cumberland  
and Russell counties)

#### Insurance

KY Physicians Care ..... 800-633-8100

State Health Insurance Assistance Program  
.....877-293-7447 or 888-642-1137

#### Employment & Rehabilitation

Vocational Rehabilitation ..... 800-372-7172

UK Dept. of Physical Medicine  
& Rehabilitation ..... 859-257-6386

#### Complimentary Medicine

**WaysMeet** (Massage Therapy, Acupuncture,  
Diet, Counseling, Other) [www.waysmeet.net](http://www.waysmeet.net)

**FREE** to cancer patients in 52 East KY Counties  
..... (859)986-0098

#### Cabinet for Human Resources

Dept. for Social Insurance & Family Support

& Department for Employment Services

(food stamps, AFDC, Medical Assistance)

Adair County/Columbia ..... 270-384-2163

Casey County/Liberty ..... 606-787-8338

Clinton County/Albany ..... 606-387-6446

Cumberland County/Burkesville .... 270-864-2556

Green County/Greensburg ..... 270-932-7484

McCreary County/Whitley City ..... 606-376-5304

Pulaski County/Somerset ..... 606-677-4124

Russell County/Jamestown ..... 270-343-3196

Taylor County/Campbellsville ..... 270-465-6621

Wayne County/Monticello ..... 606-348-3321

#### Transportation

American Cancer Society ..... 606-678-0203

Bluegrass Ultra-Transit Service

(serving Casey county) ..... 800-456-6588

Rural Transit Enterprise Coordinate

(serving Clinton, Cumberland, McCreary,

Pulaski, Russell and Wayne) ...800-321-RTEC

#### Temporary Lodging (Somerset)

Harmony Hospitality House .....606-416-5711

#### Temporary Lodging (Lexington)

Hope Lodge .....859-260-8303

Hospitality House .....859-254-8998

St. Agnes House .....859-254-1241

Ronald McDonald House .....859-268-0757

#### **CAMPS**

Indian Summer Camp ..... 502-491-8518

(week-long camp for children with cancer)

Camp Quality ..... 502-426-7590

(week-long camp for children with cancer)

Camp Hope .....800-560-1101

#### **GENERAL**

Comprehensive Cancer Control in Kentucky

.....[www.KyCancerC.org](http://www.KyCancerC.org)

Kentucky Cancer Registry ..... [www.kcr.uky.edu](http://www.kcr.uky.edu)

#### **SUPPORT GROUPS**

Cancer Care ..... 800-313-HOPE

Reach to Recovery (Somerset) .....606-678-0203

Man to Man (Somerset, 3<sup>rd</sup> Tues. monthly, 7pm

ACS office) .....606-678-0203

Russell County Support Group .....270-866-7088

Taylor County Support Group .....270-789-5788

Partners in Caregiving/Family Caregiver Support

(Somerset, 2<sup>nd</sup> Wed. monthly, 11:30am,

Cancer Treatment Center) .....606-678-3573

Pulaski County Breast Cancer Support Group

(Somerset, 1<sup>st</sup> Thurs. monthly, 6pm, Cancer

Treatment Center) .....606-451-3755

In Touch Cancer Support Group

(Somerset, 3<sup>rd</sup> Thurs. monthly, 6pm, Cancer

Treatment Center) .....606-451-3755

#### **SMOKING CESSATION**

Cooper Clayton Method to Become a  
Nonsmoker (combines nicotine replacement  
therapy and 12 weekly education/support group  
sessions). For more information, call your local  
health department or the Kentucky Cancer  
Program at 606-679-7204.

Cooper Clayton Self-Help Program .....

.....866-495-9888

Kentucky Tobacco Quit Line .....800-784-8669

American Cancer Society 24-Hour  
Quit Line..... 877-937-7848

## **BREAST AND CERVICAL CANCER COALITIONS**

Coalitions are promoting early detection of breast and cervical cancer in the following counties: Cumberland, Green, McCreary, Pulaski and Wayne. Call the local health department/center in these counties for more information.



The Kentucky Cancer Program (KCP) is a statewide cancer control program funded by the Kentucky General Assembly. Administered jointly by the University of Kentucky Markey Cancer Center and the University of Louisville Brown Cancer Center, KCP has 12 regional offices throughout the state.